

Garner - Hayfield - Ventura High School Lunch Menu

Daily selection of fresh fruits & seasonal vegetables



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1	2	3	4
	French Toast Sticks Sausage Patty Cheese Quesadilla Pizza Munchable Pizza Parlor Vegetable Choice	Teriyaki Chicken Seasoned Brown Rice Crispy Chicken Sandwich Pizza Munchable Pizza Parlor Vegetable Choice	Lasagna Rollup with Sauce Garlic Toast All American Hamburger on a Bun Pizza Munchable Pizza Parlor	Crispy Chicken Tenders Whole Grain Dinner Roll Fish Sandwich w/Cheese Pizza Munchable Pizza Parlor Vegetable Choice
	Fruit Choice Choice of Milk	Fruit Choice Choice of Milk	Vegetable Choice Fruit Choice Choice of Milk	Fruit Choice Choice of Milk
7	8 HOM - Fennel	9	10	11
Roasted Beef Hot Dog on a Bun Crispy Chicken Nuggets Whole Grain Dinner Roll Turkey & Cheese Sandwich Pizza Parlor Vegetable Choice Fruit Choice Choice of Milk	Hot Ham & Cheese Flatbread Spaghetti Squash Carbonara with Chicken Turkey & Cheese Sandwich Pizza Parlor Vegetable Choice Fruit Choice Choice of Milk	Chicken Potstickers Seasoned Brown Rice Crispy Chicken Sandwich Turkey & Cheese Sandwich Pizza Parlor Vegetable Choice Fruit Choice Choice of Milk	Creamy Chicken Spaghetti Garlic Toast Classic Cheeseburger Turkey & Cheese Sandwich Pizza Parlor Vegetable Choice Fruit Choice Choice of Milk	Cheese Pizza Turkey & Cheese Sandwich Vegetable Choice Fruit Choice Choice of Milk
14	15	16	17 United Tastes of America	18
Cheese Bosco Sticks Marinara Sauce Crispy Chicken Nuggets Whole Grain Dinner Roll Ham Deli Sub Sandwich Pizza Parlor Vegetable Choice Fruit Choice Choice of Milk	Pizza Crunchers Marinara Sauce Beef Taco Ham Deli Sub Sandwich Pizza Parlor Vegetable Choice Fruit Choice Choice of Milk	Chicken Bacon Ranch Melt Crispy Chicken Sandwich Ham Deli Sub Sandwich Pizza Parlor Vegetable Choice Fruit Choice Choice of Milk	Baked Ham Whole Grain Dinner Roll All American Hamburger on a Bun Ham Deli Sub Sandwich Pizza Parlor Vegetable Choice Fruit Choice Choice of Milk	NO SCHOOL
21	22	23	24	25
NO SCHOOL	Roasted Beef Hot Dog on a Bun Chicken Taco Turkey BLT Wrap Pizza Parlor Vegetable Choice Fruit Choice Choice of Milk	Crispito Cheese Sauce Crispy Chicken Sandwich Turkey BLT Wrap Pizza Parlor Vegetable Choice Fruit Choice Choice of Milk	Creamy Chicken Spaghetti Garlic Toast Classic Cheeseburger Turkey BLT Wrap Pizza Parlor Vegetable Choice Fruit Choice Choice of Milk	Cheese Pizza Turkey BLT Wrap Vegetable Choice Fruit Choice Choice of Milk
28	29	30 HOM - Sweet Cherry	1	
Corn Dog Crispy Chicken Nuggets Whole Grain Dinner Roll Ham and Cheese Charcuterie Pizza Parlor Vegetable Choice Fruit Choice Choice of Milk	Nachos BBQ Rib Sandwich Ham and Cheese Charcuterie Pizza Parlor Vegetable Choice Fruit Choice Choice of Milk	Goulash Crispy Chicken Sandwich Ham and Cheese Charcuterie Pizza Parlor Vegetable Choice Fruit Choice Choice of Milk		
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\$3.00 \$4.15 Extra Entree \$2.00

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch. For questions or comments, contact: Scot Tobin at s.tobin@taher.com





Menus and nutrition

